



VMFA(AW)-224
WELCOME ABOARD PACKAGE

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VMFA(AW)-224 Unit, Personal, and Family Readiness Policy

On the strength of one link in the cable, dependeth the might of the chain. Who knows when thou may'st be tested? So live that thou bearest the strain! From medical and dental readiness, to family care plans and strong family relationships, there are many different links in the chain of readiness. At some point, they will all be tested. Be Ready!

Be the most ready when the nation is least ready: As the nation's 911 force, we could receive the call to deploy at any moment. This level of professional commitment requires a commensurate level of personal discipline and strong family support. Being physically and mentally fit and technically and tactically proficient are essential if we are going to fight and win our nations battles, and so is having strong family support.

Brilliance in the basics: This profession is a marathon, not a sprint. We must all strive for work-life balance, and ensure that we are strengthening our relationships as well as sharpening our skills.

Take care of each other: We should never be afraid to ask for help when we need it. There are many resources available, including the Single Marine Program, the Family Readiness Officer, the Chaplain, Family Team Building, and our fellow Marines. Use them!

Keep our Honor Clean: Our commitment to our families is every bit as important as our commitment to the institution. Finding that balance can be difficult at times, but it is part of our duty as Marines.

Assistance: Chain of command, Family Readiness Officer, Marine Corps Family Team Building, Military OneSource, Navy Marine Corps Relief, etc.

Reference: MCO 1754.9A (Unit, Personal, and Family Readiness Program)

Semper Fidelis,

M. P. SHAND

Commanding Officer, VMFA(AW)-224



VMFA(AW)-224 **"THE FIGHTING BENGALS"**



Hi, my name is Jennifer Morrow and I am the Family Readiness Officer (FRO) for VMFA(AW)-224. I would like to extend a warm welcome to the squadron.

In an effort to support and enhance the family life associated with service to our country and to the Marine Corps, a Family Readiness Program has been developed.

The Family Readiness Program is an official Marine Corps family support program that links family members with the squadron chain of command. The role of the program is to keep lines of communication open between the Commanding Officer and families so they are better informed with accurate information about the mission of the squadron. I will establish these lines of communication via newsletters, social and/or educational events.

The Family Readiness Officer along with trained Family Readiness Assistants are persons families can go to for information and referral assistance. The Family Readiness Officer and Assistants have access to a wealth of military and civilian support services that can help families through difficult and sometimes challenging situations associated with military life.

Periodically the FRO will send out volunteer opportunities for family readiness events. All spouses, from all ranks, are encouraged to participate. We need your help to make this program successful.

I can be reached by phone or email at (843) 228-9413, (843) 476-2978, or elizabeth.j.morrow@usmc.mil.

Again, welcome to the Bengal Family. I look forward to meeting you at one of the squadron events. The squadron's website is can be viewed at <http://www.mag31.marines.mil/MAG31Units/VMFA224.aspx> . The Family Readiness Toll Free Information Line is 1-866-242-0064, Press 7, then 3.

Sincerely,

E. Jennifer Morrow

E. Jennifer Morrow

Family Readiness Officer

VMFA(AW)-224

CHECKING IN WITH THE FRO

Once you arrive at the unit you will need to submit the following form(s); enter your family readiness contact(s) data in Marine Online (MOL) and register on the eMarine website:

Unit, Personal and Family Readiness Program Authorization Form:

The **Unit, Personal and Family Readiness Program Authorization Form** should be returned directly to the Family Readiness Officer within ten days of receipt. This form MUST be completed by every Marine. The form will be held strictly confidential because of the personal nature of the information.

Family Care Plan (if applicable):

Family Care Plans are the individual Marine's responsibility. For more information please refer to MCO 1740.13C.

MARINES WHO FALL UNDER ANY OF THE FOLLOWING CRITERIA ARE REQUIRED TO COMPLETE A FAMILY CARE PLAN:

- Marine is or becomes a single parent with custody of children
- Dual military couples with dependents. (Both service members must have a plan)
- Family circumstances or other personal status changes in which a Marine becomes solely responsible for the complete care of another family member. These include but are not limited to:
 1. Birth or adoption of a child(ren)
 2. Loss of a spouse through death, separation, or divorce
 3. Enlistment (or commissioning) in the military (Regular or Reserve component) by a spouse when the Marine and spouse become a dual military couple with dependents.
 4. Assumption of sole care for an elderly or disabled family member, a family member with a limited command of the English language, a family member with inability to drive or to gain access to basic life-sustaining facilities.

Marine Online (MOL)

Marine Online (MOL) is the new method for sending official communications from the command. Marines must enter their family contact information into MOL themselves. Spouses are required; all other family members are optional.

When you are logged into MOL you will go to the "Personal Info Tab" and then scroll down to "Family Readiness". Click on "New Contact". Spouse's information should automatically populate, but may need to be cleaned up. Please ensure that the listed e-mail address is correct, as e-mail is the only means for communication from this system.

CHECKING IN WITH THE FRO continued...

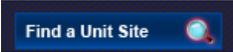
eMarine

WE WANT YOU...



TO JOIN EMARINE!

TO REGISTER:

- 1) Open your web browser and navigate to <http://www.emarine.org>
- 2) Click on the “Find a Unit Site” button in the top right portion of the screen.
A small rectangular button with a dark blue background. On the left, the text "Find a Unit Site" is written in white. On the right, there is a magnifying glass icon.
- 3) Search for unit Site by Location or use Advanced Options for more options
- 4) Select the link for your Site – [2nd Marine Aircraft Wing > Marine Aircraft Group 31 > Marine Fighter Attack Squadron-224 \(South Carolina, UIC: M01224\)](#)
- 5) Select the appropriate option to register as a Sponsor or Family Member
- 6) Follow the Steps to complete your registration. **NOTE:** FIRST Name, LAST Name as well as any JR, SR, III, etc. that you may have in MOL
- 7) Sponsors—Don't forget to invite family members to join!



WELCOME ABOARD MCAS BEAUFORT

2015 Upcoming Briefs • IPAC Bldg 807 • 0930

22 Jan • 9 Mar • 21 May • 23 Jul • 10 Sep • 12 Nov

Come and join us at the
WELCOME ABOARD BRIEF

You can get information from:

- Navy Marine Corps Relief Society
- Housing
- Marine Corps Community Services
- Family Member Employment Program
- Traffic Management
- Legal Assistance
- ...and much more!

PLEASE NOTE: The Welcome Aboard Brief is mandatory for all incoming service members. Spouses are encouraged to attend! For more information please call 228-6401.

We would like to thank New River Auto Mall for their sponsorship of MCCA events and activities.

The Department of Defense (DoD) and the Marine Corps neither endorse nor favor any commercial supplier, product, or service.

PRESENTED BY
MCCA
SOUTH CAROLINA

Relocation Assistance Program

Building 807, Room 4
PO Box 55023
Marine Corps Air Station Beaufort
Beaufort, SC 29904-5023
(843) 228-6401
Hours: Mon - Fri 0700-1630

The Relocation Assistance Program provides assistance to military members and their families. There are no fees for the services provided. Call the number above for dates and times of specific services.

WELCOME ABOARD PACKAGES provide information on all aspects of a military installation. Welcome Aboard packages can be requested for any military installation worldwide. Welcome Aboard Packages for MCAS Beaufort are available for mail out.

WELCOME ABOARD BRIEF is a **mandatory** essential information brief. The brief provides information to incoming military personnel and their families regarding services and facilities aboard MCAS Beaufort and the surrounding communities.

LENDING LOCKER is designed to provide the basic essentials for a service member to set up a temporary household for 30 days. We offer air mattresses of various sizes, dish packs, pots and pans, televisions, microwaves, coffeemakers, toasters and much more.

SMOOTH MOVE is a **mandatory** workshop that provides information for personnel making a Permanent Change of Station (PCS) move, ensuring that they are advised of all authorized entitlements. Subject matter experts from DMO, Disbursing, Housing and more will provide instructions on the proper procedures for military members to follow in order to receive their full benefits.

EAS - provide assistance with finding rentals or homes for sale, school information, medical and other pertinent information on the area you and your families will be moving to. This also can include sending a letter to the area's Chamber of Commerce for information.

LODGING – Assistance with lodging is available upon request.

INSTALLATION INFORMATION - For information on your new installation go to www.militaryinstallations.dod.mil



MARINE CORPS COMMUNITY SERVICES

MCAS BEAUFORT

LENDING LOCKER

HOURS OF OPERATION

0730-1630 ♦ Monday - Friday

LOCATION

Marine Corps Community Services @ MCAS Beaufort

Building 807, Room 4

ITEMS FOR LOAN

- Queen, Full, & Twin Size Air Mattresses.
- Car seats.
- Pack n' Plays.
- Toasters.
- Ironing Board.
- Irons.
- Coffee makers.
- Alarm Clocks.
- Kitchen Kits (dishes, silverware, etc.).
- Pots and Pans.
- Microwaves.
- Vacuum Cleaners.
- Televisions (exclusively for those with PCS orders from overseas - must present orders).

USE OF THE LENDING LOCKER

The use of the Lending Locker is based on first come, first serve basis. When checking items out of the Lending Locker, you will need to bring the following:

- ♦ Military ID
- ♦ New Command address and phone
- ♦ New residence address and phone number

For more information, please call (843) 228-6401 or DSN 335-6401.

HOUSING

Laurel Bay Communities

Tri-Command Communities manages base housing for the Beaufort area Marines and Sailors. Homes include lawn care and maintenance services. TCC host a various community events throughout the year. Amenities include: secured neighborhoods, playgrounds, walking trails, fishing pier, boat dock, community centers, pools, tennis court, horse stables, and more. Contact the Welcome Center at (843) 846-5300 for more information.

The DeTreville House

The DeTreville House at the Air Station is available to PCS, TAD, active duty and guests. A total of 66 units -33 with full kitchens- are available. Reservations recommended (843) 522-1663

Bachelor Officers' Quarters (BOQ)

Bachelor Officers are quartered in the BOQ adjacent to the Officer's Club. Each room contains complete furnishings and an adjoining bath. Reservations can be made by calling (843) 228-7676

Bachelor Enlisted Quarters (BEQ)

Enlisted personnel are billeted in a complex containing motel type barracks featuring semi-private rooms with bath, and other barracks with semi-private rooms with communal bath facilities. ****For more information on housing options, please contact the housing office.**

Hours of operation: Monday to Friday, 0730-1600, (843) 228-6000 DSN: 335-6000 Fax: (843)-228-6422 DSN: 335-6422***

VEHICLE REGISTRATION

Personnel reporting for duty must register their vehicle with the Visitor's Center, located in Building 859, just inside the main gate, within 30 days of their reporting date. Office hours are M-F, 0630-1700. After working hours or on weekends PMO will issue you a temporary pass at the front gate. For more information you can contact vehicle registration at 843-228-7750.

You'll need to present a military ID, current and valid state registration, driver's license and proof of insurance required under South Carolina Law.

When a Power of Attorney is held by a spouse whose sponsor is overseas, he/she may sign the application for the sponsor.

Privately owned vehicles traveling aboard MCAS Beaufort are subject to spot checks by military police for current state and base registration and safety inspections.

WEAPON REGISTRATION

All personal weapons, to include firearms, must be registered at the Visitor's Center just inside the main gate. After registration, if you are staying in the barracks, your weapon will be stored at the Armory, Building 1260 on Kimes Ave.

DEERS

1. What is DEERS?

DEERS is the Defense Enrollment Eligibility Reporting System. Your DEERS registration verifies your eligibility to receive TRICARE benefits. Ineligibility in DEERS means you are ineligible for TRICARE benefits. Failure to update DEERS with current information can result in misdirected communication, delayed enrollment, disenrollment, claims payment problems and other difficulties. You may contact DEERS by calling (800) 538-9552, or visiting your local Military Personnel office.

2. Verifying and Updating Eligibility Information

Eligibility for TRICARE is verified through the Defense Enrollment Eligibility Reporting System (DEERS). You can update your information in DEERS using one of the following methods:

- Visit a local uniformed services personnel office. The nearest one can be located online at www.dmdc.osd.mil/rsl.
- Call 1-800-538-9552 (Monday–Friday, 6 a.m. to 3:30 p.m. PST except Federal holidays).
- Fax address changes to DEERS at 1-831-655-8317.
- Mail address changes to:
Defense Manpower Data Center Support Office
Attn: COA
400 Gigling Road
Seaside, CA 93955-6771
- Update addresses electronically at www.tricare.osd.mil/DEERSAddress.

Note: To update your address with Humana Military, please visit www.humanamilitary.com or call 1-800-444-5445.

TRICARE

1. Routine care while traveling

Active Duty Service Members

If traveling on temporary duty (TDY), temporary additional duty (TAD), or between duty stations, you **must** receive all routine (*nonemergency*) care at a military treatment facility (MTF) if one is available. If an MTF is not available, prior authorization from your primary care manager (PCM) **is required** for nonemergency care. If you're not enrolled in a TRICARE Prime option while traveling in the U.S., you or your provider should call your regional contractor, who will coordinate the authorization with the Military Medical Support Office (MMSO).

Active Duty Family Members

Active duty family members (ADFM) should try to get all routine care before traveling or postpone it until they return, if possible. If enrolled in a TRICARE Prime option, a PCM referral **is required** to avoid point of service (POS) charges. * ADFMs not enrolled in a TRICARE Prime option (*stateside or overseas*) can make an appointment with any TRICARE authorized or host nation provider.

2. Emergency care while traveling: While traveling in the U.S., use the same rules that you use in the region where you live for emergency and urgent care.

MCAS BEAUFORT, IMPORTANT PHONE NUMBERS

Area code for all numbers is (843) unless otherwise stated

Food & Hospitality

BOQ	228-7676
deTreville House	522-1663
Food Court	228-7895
Officer's Club	228-7541
Log Cabin (reservations)	228-7541

Shopping

Laurel Bay 7-Day Store	228-7933
MCX Main Exchange	228-7769
MCAS Marine Mart	228-6142

Marine Corps Family Team Building

MCFTB Admin	228-6141
Family Readiness Trainer	228-7495
LifeSkills	228-7334
LINKS Admin	228-7362
LINKS Trainer	228-7397
Readiness & Deployment Support	228-7311

Services

Barber Shop	228-6130
Dry Cleaners	228-6107
Dry Cleaners, Laurel Bay	522-6459
ITT (Information, Tickets & Travel)	228-3557
Library	228-7682
Theater, MCAS	228-7183
Theater, MCRD	228-1525
Video Store, Laurel Bay	846-0258

Fitness & Recreation

Auto Hobby Shop	228-7586
Bowling Center, MCAS	228-7106
Bowling Center, MCRD	228-1551
Golf Course, MCRD	228-2240
Outdoor Rec & Gear Issue	228-7472
Pool, MCAS (seasonal)	228-7573
Pool, Laurel Bay (seasonal)	228-7524
Single Marine Program	228-7405

Resources

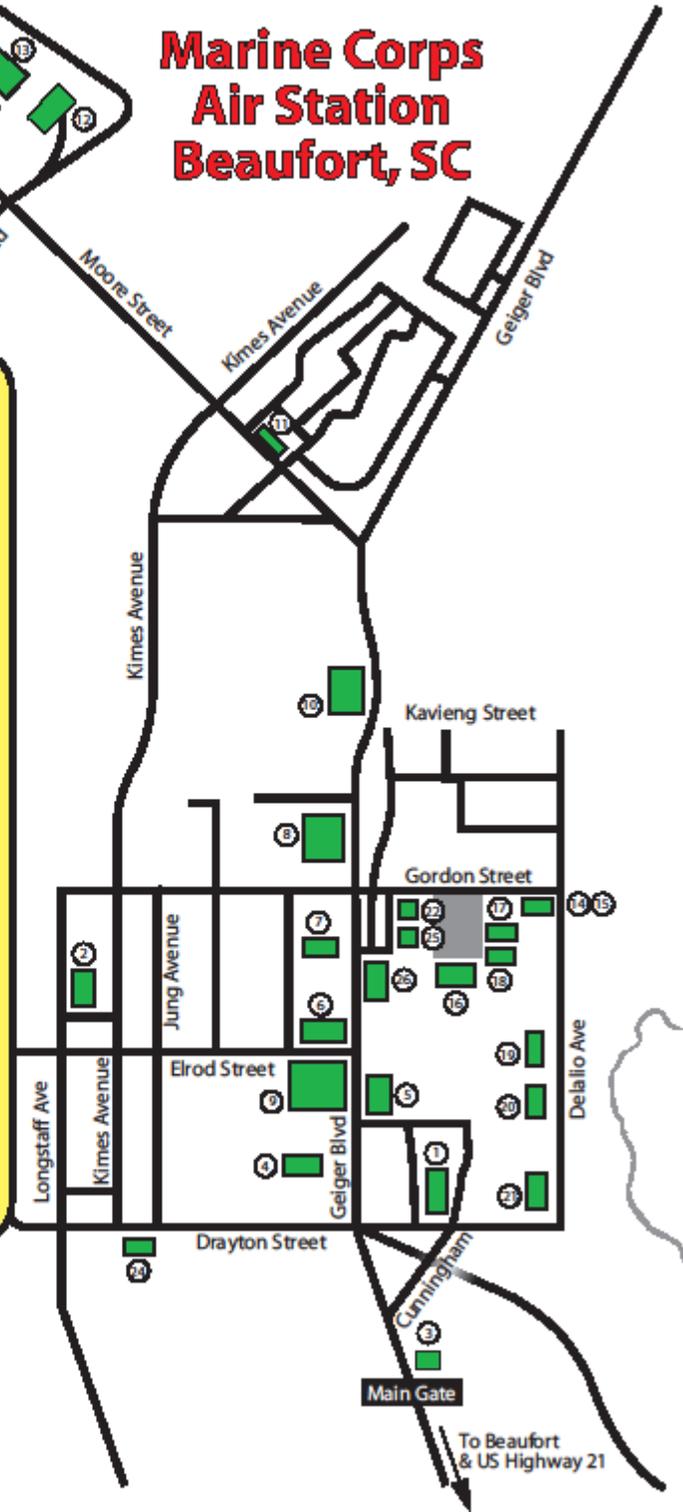
CDC, Laurel Bay (Child Development Center)	846-1160
CDC, MCAS	228-7290
Family Child Care, LB	846-2270
Chaplain, MCAS	228-7775
Chaplain, MAG-31	228-7200
Chaplain, duty phone	228-7121
DEERS	228-7941
Drug Demand Reduction	228-7210
EFMP (Exceptional Family Member Program)	228-6903
Family Advocacy	228-6126
Family Life Consultants	271-8538/8535
Family Member Employment	228-6463
Financial Management	228-7055
Game Warden	228-7017
Game Warden (cell)	321-6453
Information & Referral	228-7351
Lending Locker	228-6401
Military One Source	1-800-342-9647
www.militaryonesource.com	
Naval Hospital	228-5175
NH Case Manager	228-5219/5230
NMCRS	228-3512
(Navy Marine Corps Relief Society)	
New Parent Support	228-3451
PMO	228-6710
Relocation Assistance	228-6401
School Liaison Officer	228-6128
TriCare South	1-800-444-5445
TriCommand Housing	846-5300
TriCommand Maintenance	846-5330
WIC	228-5561
Youth Center, LB	228-6539
Youth Center, MCRD	228-1536

Kimberly Wiley
School Liaison
Tri-Command

Marine Corps Air Station Beaufort, SC



1. MCAS Beaufort Headquarters • bldg 601
2. MAG-31 Headquarters • bldg 585
3. Vehicle Passes • bldg 859
4. Theater • bldg 597
5. Chapel • bldg 566
6. Library/Training • bldg 596
7. Relocation/IPAC/Pass & ID • bldg 807
8. Marine & Family Services • bldg 707
Medical/Dental • bldg 598
9. Exchange/Barber Shop/Military Clothing
Service Station/Food Court/MCFTB
Post Office/Cleaners • bldg 1283
10. Swimming Pool • bldg 610
11. Disbursing/Public Works • bldg 616
12. O'Club • bldg 554
13. BOQ • bldg 43
14. Gear Issue • bldg 773
15. Auto Hobby Shop • bldg 773
16. Dining Facility • bldg 442
17. Bowling Center • bldg 790
18. Fitness Center • bldg 408
19. Afterburners/Subway • bldg 553
20. DeTreville House • bldg 1108
21. MCCS Administration • bldg 564
22. Housing Office • bldg 1140
23. MCAS Beaufort Federal Credit Union
(Highway 21 outside main gate) • bldg 1140
24. Station Supply • bldg 612
25. TMO • bldg 1075
26. CDC • bldg 1142





- 1 MCX, **Food Court**, ITT & Travel
- 2 Gas Pumps
- 3 3d Bn
- 4 Fire Station & PMO
- 5 WFTBn
- 6 Support Bn
- 7 "Yellow Footprints"
- 8 1st Bn
- 9 Parade Deck
- 10 Recruit Photo
- 11 Training Pool
- 12 Recruit Chapel
- 13 2d Bn
- 14 Engraving Shop
- 15 Bowling Center, **Subway**
- 16 Navy Federal Credit Union
- 17 Post Office, FSN Bank
- 18 All-Weather Training Facility
- 19 **Douglas Visitors' Center / Library**
- 20 **Back Yard Burgers**
- 20 Museum
- 21 Fitness Center
- 22 Elliott's Beach
- 23 RV Park
- 24 4th Bn
- 25 New Parent Support, Youth Sports
- 26 Drill Instructor School
- 27 Depot Chapel
- 28 Movie Theater
- 29 Brig & Brew
- 30 4Winds Family Readiness Ctr
- 31 Osprey Inn II / Billeting
- 32 Barrow Hall, CG's Building
- 33 Golf Course, **Sand Trap Grill**
- 34 Ribaut Monument
- 35 Traditions (permanent personnel and DoD employees only on Thursdays)
- 36 Officer Housing
- 37 **Lyceum**

- = ATM
- = FOOD / RED AREAS
- = REST ROOMS
- = PICNIC TABLES

Follow Cuba St to reach these locations

MCCS
SOUTH CAROLINA
www.mccs-sc.com



TRI-COMMAND COMMUNITIES

Laurel Bay, South Carolina • (843) 846-5300 • www.tricommandcommunities.com



- 1 Welcome Center & Dot.com Cafe
- 2 Galer Elementary (Pre-K - 2)
- 3 RV Storage
- 4 Laurel Bay Community Center
- 5 Amptheater
- 6 Fire Department
- 7 Maintenance Shop
- 8 Child Development Center
- 9 Bolden Elementary (Grades 3-6)
- 10 Youth Center (MCCS)
- 11 Edisto Woods Community Center
- 12 Freedom Sound Community Center
- 13 Elliott School (Pre-K - 2)
- 14 Horse Stables
- 15 Carwash

- Tot Lot
- Playground
- Tennis Court / Basketball
- Points of Interest
- Picnic Area
- Pool

SUNSET PARK
PLAYGROUND
& PICNIC AREA

BROAD RIVER

HAVE YOU HEARD ABOUT L.I.N.K.S.?



L.I.N.K.S. offers an orientation to the Marine Corps lifestyle for everyone. Family Readiness is Mission Readiness!!!

What will I learn from L.I.N.K.S.?

- **History and traditions**
- **Benefits and services**
- **Financial awareness**
- **Dealing with separation and deployments**
- **Tips on moving**
- **Effective communication**

Available to Spouses, Kids, Teens, and Marines.

Call 228-7362 (MCAS)
228-1573 (MCRD)

**FREE CHILDCARE WITH
ADVANCE REGISTRATION!**



**LIFESTYLE INSIGHTS, NETWORKING,
KNOWLEDGE AND SKILLS**



VMFA(AW)-224 Unit Family Readiness Program

My FRO is: E. Jennifer Morrow

Work: (843) 228-9413

Cell: (843) 476-2978

Email: elizabeth.j.morrow@usmc.mil